

ProjectAWARE

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**WHAT ARE YOU WAITING FOR?**



**DON'T TAKE A CHANCE. SECURE YOUR MEDS.**

Last year, about one in five Maine high school students used prescription drugs to get high. How many do you know?

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**What are you waiting for?**

Taking prescription drugs not intended for them is second only to marijuana use when it comes to what our kids use to get high.

Prescriptions may come from a doctor, but they can be dangerous and even deadly—even just one pill.

The problem is serious. But you can help. Don't take a chance—secure and monitor your prescription drugs today.

Source: 2012 Maine Health Survey and Alcohol Use Survey, Maine Office of Substance Abuse

An initiative of the Maine Association of Substance Abuse Programs.  
[www.masap.org](http://www.masap.org)

**YOUR PRESCRIPTION DRUGS MAY BE GETTING INTO THE WRONG HANDS—A CHILD'S OR TEEN'S.**



Last year, about one in five Maine high school students used prescription drugs to get high. How many do you know?

Taking prescription drugs not intended for you can be dangerous and even deadly — just one pill can kill. The problem is serious, but you can help. Here's what you can do:

- Know what's in your medicine cabinet and keep track of it.
- Keep all medicines out of sight and secure.
- Monitor medications prescribed to young people.
- Safely dispose of unused and expired medications.
- Know that it is illegal to give away or sell prescription drugs.
- Talk to your pharmacist or health care provider if you have any concerns.

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This information is brought to you by the Maine Association of Substance Abuse Programs.  
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